

Guidance on Therapeutic Use Exemption Applications

EpiPen

UK Anti-Doping occasionally receives Therapeutic Use Exemption (TUE) applications for the use of an EpiPen injection. Adrenaline, the active ingredient of an EpiPen, is classified as a stimulant which is prohibited In-Competition but permitted to use Out-of-Competition. An EpiPen injection is usually administered in an emergency, and this is likely to render the athlete unable to compete in an event.

As such, an athlete does not need to apply for a TUE until such an incident occurs and will only need to submit a TUE application for the use of an EpiPen if they are competing within 3 days of administering an injection.

Please note that emergency applications for a TUE will only be considered when:

- i. emergency treatment or treatment of an acute medical condition was necessary; or
- ii. due to exceptional circumstances, there was insufficient time or opportunity for the Athlete to submit, or for the UK Anti-Doping TUE Committee to consider, an application prior to Doping Control.

With this in mind, details of the athlete's medical need (e.g. allergy test results) to be prescribed an EpiPen must be provided with any emergency application.

For further information please contact the UKAD Science and Medicine team at tue@ukad.org.uk.