Emergency Medicines: Do I need a TUE?

Athletes may in the course of emergency treatment (e.g. surgery or an A&E admission) be provided with drugs or methods which are prohibited in sport. Below is our advice on when a TUE is necessary.

**Treatments Prohibited In-Competition Only**
A retroactive TUE will only be required if you are next due to compete within the following timeframes:

- **EpiPen**
  Adrenaline; 3 days after last use

- **Intravenous or Oral Narcotics**
  e.g. Fentanyl, Morphine; 7 days after the last dose

- **Intravenous or Oral Glucocorticoids**
  e.g. Dexamethasone, Hydrocortisone; 14 days after the last dose

**Intravenous Infusions in Hospital**
- IV infusions or injections > 100 ml/12hrs are a prohibited method, except when received as part of a hospital treatment
- Always check the status of the ingredients of any IV infusion or injection, regardless of the volume
- IV infusions or injections > 100 ml/12hrs provided in medical facilities at sports venues are prohibited and will require a retroactive TUE

**Treatments Prohibited At All Times**
A retroactive TUE should be submitted as soon as practical after the procedure, regardless of the next competition date, for the following:

- **Blood Transfusions**
- **Intravenous Diuretics & Masking Agents**
- **Nebulised Salbutamol**

**Top Tips**
- Ensure that you obtain a copy of your drugs chart and all treatment records prior to being discharged (there will often be delays if you request these afterwards)
- Check all drugs provided to you by using Global DRO
- If a TUE is required, submit a TUE application form and copies of all medical records from the procedure as soon as practical
- If you are subject to a doping control test whilst still applying for a TUE, ensure that you record the drugs on the doping control form and notify UKAD via tue@ukad.org.uk

*Remember: Emergency treatment should never be withheld due to anti-doping considerations. The health of the athlete should be the first and foremost priority.*

*According to the 2019 WADA Prohibited List*